THE PAIN BEHIND THE BADGE Presents:

‘Winning The Battle’

Presented by Clarke & Tracie Paris

The objective of this course is to convince police officers, corrections officers, civilian police employees, and their spouses or significant others, that should they be struggling, they are not alone and the psychological help available and already in place, is effective and should be utilized.

The goals of this course are to reduce police stress which ultimately, can be related to Excessive Force, Failed Relationships, Civil Litigation, Poor Work Performance, Poor Personal Health, Substance Abuse, Officer Involved Domestic Violence, Suicide, and much more.

Upon conclusion of this course, attendees will be able to recognize signs of stress both in themselves and their peers or co-workers (Cumulative Stress / PTSD). They will know why officers don’t seek nor accept psychological help as well as why they should in fact, accept that help. Attendees will recognize signs of a potentially suicidal person and what types of help are available to police personnel.

This course will be presented via Power Point Presentation. The copyrighted, award winning one hour documentary film on police stress and suicide, ‘The Pain Behind The Badge’ will be shown. Information from studies, research, personal experience and interviews will be utilized in convincing attendees that stress affects most people in law enforcement and that it can be dealt with and managed. Suicide is never an option.
The course content will be:

0800-0945: PTSD/Cumulative Stress & the Progression of Stress (Cop Stew)

1000-1045: Perception Protection (Hiding stress rather than dealing with it)

1100-1200: Copyrighted Documentary Movie - The Pain Behind The Badge

1200-1300: Lunch

1300-1430: Spousal & Family Involvement (By Tracie Paris)

1440-1510: Officer Involved Domestic Violence/Stress & Women in L.E.
            (This section also address stress and Gays in L.E.)

1510-1540: Suicide/Signs & Recognition/Types of Help Available

1540-1600: Closing

INSTRUCTORS:

Clarke Paris is currently a police supervisor with the Las Vegas Metropolitan Police Department (26 years) and the President of The Pain Behind The Badge Training Seminars L.L.C. He has worked as a Vice/Narcotics Detective, Field Training Officer, Field Training Sergeant, Special Events Supervisor, Traffic Officer/Sgt. (Motorcycle), and Bicycle Sergeant on the Las Vegas Strip. He has supervised hundreds of officers during his tenure as an officer and sergeant. He has investigated everything from Officer Involved Domestic Violence and Officer Involved Shootings to Sexual Assault, Murder, and Suicide.

Clarke had the honor of being selected as one of the most distinguished men in Southern Nevada (Library of Congress) and was selected as Police Officer of the Year for the state in 1998. He received the LVMPD Community Service Award for
his contributions to his community and in 2010 he was honored by the International Police Association for his contributions to law enforcement worldwide.

In 2007 Clarke, as a result of his own work related struggles, created and produced the award winning documentary feature film on police stress and suicide, ‘The Pain Behind The Badge’, in an attempt to help police officers worldwide. This film won ‘Best Documentary’ at the Las Vegas International Film Festival and ‘Honorable Mention’ at the Accolade Film Festival. In 2011, he released his latest book on police Stress and suicide, ‘My Life For Your Life’. My Life For Your Life became a hit in the law enforcement community and is now required reading for all students enrolled in the Law Enforcement Program at the University of Minnesota, Mankato. Clarke has also been a POST (NV.) approved instructor for 18 years and is a member of the International Law Enforcement Educators and Trainers Association (ILEETA).

Tracie Paris is a Registered Nurse (RN., BSN.) and has worked as a Registered Nurse for the past 28 years. Her resume includes tenure as a Trauma Nurse in the Trauma Unit and as a Nurse in the Outpatient Surgery Unit. Tracie was honored as The Nurse of the Year for the State of Nevada in 1999. She was also an integral part of the creation of The Pain Behind The Badge and wrote one of the chapters in ‘My Life For Your Life’.

The Pain Behind The Badge Training Seminars L.L.C. initially began as a documentary movie. Shortly after the completion of the film, ‘The Pain Behind The Badge’ transitioned into a training seminar. This seminar is unique and unlike any other to date. This full day of training shares the real side of police work and the real emotions associated with the same. Clarke shares his story of his career and the struggles that accompanied it, his break down, and how he got better. Tracie explains how, even with a near perfect relationship with her husband and
all of her medical background, and even with experience in the Psyche Ward and more than 28 years of experience with first responders, she never saw any of the signs her husband displayed as he headed down a potential path of destruction. Tracie’s perspective not only as an involved spouse but as a Registered Nurse, sheds a light on police related stress that no officer could ever do. Together Clarke and Tracie present to attendees, the details of what impacted both of their lives, what help worked, and how.

They use studies, research, past high profile events, information from other professionals and their past experiences and training, to convince officers and anyone connected to law enforcement, that the help in place does work and to struggle with police related issues, is at times, more common than not struggling. ‘Winning The Battle’ (The Pain Behind The Badge) has been presented to more than 10,000 police officers and military personnel since its transition into a seminar format and has become one of, if not the, fastest growing seminar in the U.S. on police stress. Included in the list of past clients are VA Tech PD after the 32 student massacre and Lakewood PD after their 4 officers were murdered in a coffee shop. As of 2011, this seminar is now presented by Clarke and Tracie at the Federal Law Enforcement Training Center Symposium (FLETC) to help reduce suicide, help officers deal with stress, and for re-integration for officers (from military life to civilian police officer). The most common comments after one of these presentations are “I should have brought my wife (spouse)” and “This class should be mandatory.”

A new and powerful addition to the seminar is Spouse & Significant Other night. This portion is presented primarily by Tracie with a short introduction by Clarke. This typically takes place the evening before the full day seminar and is for spouses and significant others. This gives loved ones an opportunity to voice their concerns as well as ask questions without the officers present.

*More than 100 police officers have sought psychological help after attending ‘Winning The Battle’.*
*Fact:* More police officers commit suicide than are killed by assailants.

*Fact:* February 28, 1997-A Bank Robbery occurred in North Hollywood, California. Two suspects had full automatic weapons and body armor. The suspects fired 1300 rounds and police fired 650 rounds.

*Fact:* No officers were killed in this incident.

*Fact:* Three of the officers involved in the above incident have since committed suicide.

*Fact:* 52% of people diagnosed with lifetime PTSD have also been diagnosed with alcohol abuse or dependence-Twice as much as the adult population.

*Fact:* Some experts state that the numbers of police suicide are no different than those in the general population. The fact is that the general population suicides include the clinically depressed, psychotic, terminally ill, drug addicts, and much more. For healthy men and women who are police officers to take their lives should be a concern to everyone. After all, they have been tested and interviewed with the highest standards and research to determine that they are healthy both mentally and physically when they place the badge on their chest.

*Fact:* 48% of all police suicides are related to failed relationships.